

**EK BHARAT SHRESHTHA BHARAT ACTIVITIES BY INSTITUTE OF HOTEL MANAGEMENT, PUSA  
NEW DELHI  
April 2021**

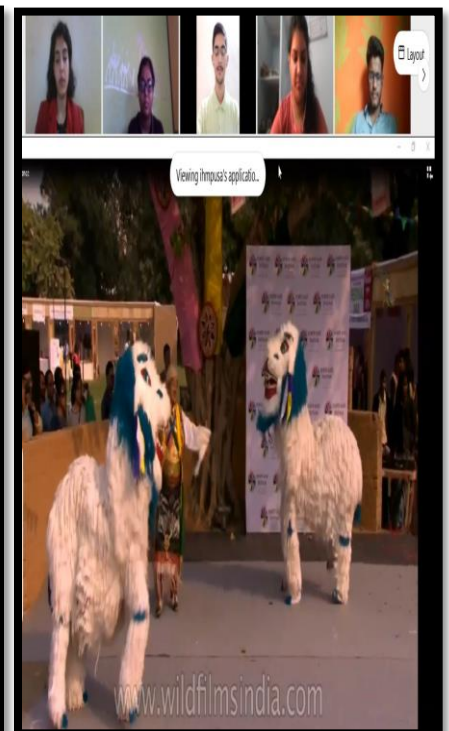
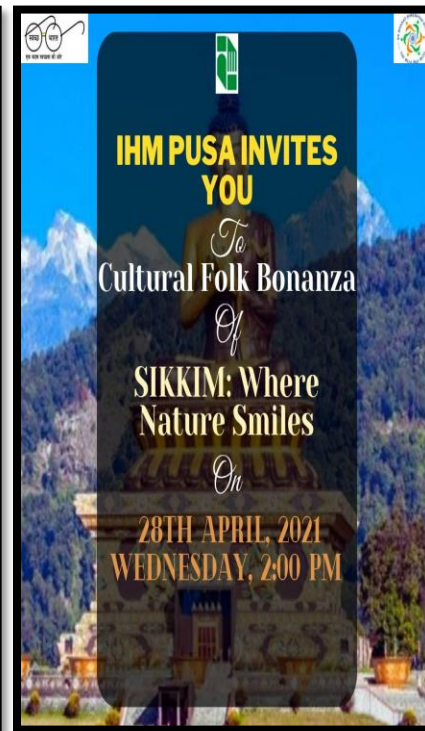
Sr. No	Activities by the Institute	Month of Activity	Proposed Activity	Details of the Activity	Paired State Involved	No. of Participants / Attendees
1.	Institute of Hotel Management, Pusa	April 2021	SCREENING OF FOLK DANCES OF SIKKIM	<p>As part of the Ek Bharat Shrestha Bharat initiative Institute of Hotel Management, Catering and Nutrition, Pusa, New Delhi organized Screening of Folk Dances of Sikkim on 28.04.2021, Wednesday at 02:00 pm. The online event was hosted on Cisco WebEx where 219 students of B.Sc. (HHA) First Year participated. A poster to notify students about the same was floated on the student's official WhatsApp groups.</p> <p>The event showcased four famous folk dances of Sikkim performed by various tribal communities namely</p> <ol style="list-style-type: none"> <li>1. <u>Bhutia Dance</u>: It is performed by tribes of Bhutia community. A very colourful dance performed by both men and women on various occasions wearing the traditional outfit called Bakhu.</li> <li>2. <u>Chyu- rum-faat Dance</u>: Chyu literally meaning snowy range, while Faat means worship, the tribes of Lepcha community perform this dance</li> </ol>	No	219 students

			<p>in honour of Mount Khang-chendzong pa, the guardian deity of Sikkimese people.</p> <p>3. <u>Singhi Dance</u>: It is also called the snow lion dance where two men in a lion costume perform with others dressed alike. The dance is accompanied by single drummer. The snow lion symbolizes power and joy of being fearless.</p> <p>4. <u>Maruni Dance</u>: It is the oldest and the most famous dance performed in various regions of Sikkim. Dressed colourfully with rich ornaments the dancers of Cheetrinahin community dances to commemorate “the victory of good over evil”.</p>		
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Nimisha Seth  
EBSB Coordinator

Kamal Kant Pant  
Principal

# Some Glimpses of



Nimisha Seth  
EBSB Coordinator

Kamal Kant Pant  
Principal